

CSHS SEA BREEZE CANTEEN

FULL MENU

BREAKFAST			
Fresh Seasonal Fruit Cup	\$2.00	Ham & Cheese Toasted Sandwich	\$4.00
Muesli & Coconut Yoghurt Cup with Berries	\$4.00	Hashbrown	\$1.50
English Muffin	\$4.00	Breakfast Quesadilla	\$4.00
<i>Bacon, Egg, Cheese, Tomato Sauce</i>		<i>Bacon, Scrambled Egg, Cheese, BBQ Sauce</i>	
Mini Pancakes with Maple Syrup	\$2.00	Croissant – Ham & Cheese/Tomato & Cheese	\$4.50
SALADS		WRAPS & SANDWICHES & ROLLS	
Chicken Caesar Salad	\$7.50	Salad Wrap	\$5.50
<i>Chicken, bacon, parmesan, egg, croutons, caesar dressing</i>		<i>Lettuce, tomato, cucumber, carrot, cheese & mayo</i>	
Garden Salad with Italian Dressing	\$5.50	Salad Wrap with Chicken/Ham/Tuna or Egg	\$6.00
<i>Lettuce, tomato, carrot, cucumber, grated cheese</i>		CCC Wrap – Crispy Chilli Chicken & Salad	\$6.00
Garden Salad with a protein	\$6.50	Chicken Caesar Salad Wrap	\$6.50
<i>Choose from Ham/Chicken/Egg/Tuna</i>		Falafel Wrap (V)	\$6.00
Sushi Bowl – Chicken or Tuna	\$6.00	Salad Roll	\$5.50
<i>White Rice, Lettuce, Cucumber, Avocado, Aioli, Sweet Soy Sauce</i>		<i>Lettuce, tomato, cucumber, carrot, cheese & mayo</i>	
Falafel Bowl (V)(GF)	\$6.50	Salad Roll with Chicken or Ham	\$6.00
<i>Brown rice, quinoa, baby spinach, falafel, carrot, cucumber, sundried tomatoes, beetroot, hummus</i>		Assorted Sandwiches	From \$4.00
Poke Bowl (Teriyaki Chicken or Avocado)	\$6.50	<i>Fresh or Toasted</i>	
<i>Brown Rice, quinoa, edamame, wakame, carrot, cabbage, black sesame seeds, Japanese dressing & aioli</i>			Add \$1.00 Gluten Free Bread
HOT SAVOURIES		BURGERS	
Potato Wedges (V)	\$4.50	Cheeseburger	\$5.00
Chicken Goujons	\$4.50	<i>Beef patty, cheese & tomato sauce</i>	
Spinach & Cheese Roll (V)	\$4.80	BBC Burger	\$6.00
Beef Sausage Roll	\$4.50	<i>Beef patty, bacon, cheese & bbq sauce</i>	
Beef Pie	\$5.00	Beef Burger Deluxe	\$8.00
Beef, Bacon & Cheese Pie	\$5.30	<i>Patty, bacon, cheese, lettuce, tomato, onion, pineapple, bbq sce</i>	
Pesto Pasta (V)	\$5.50	Chicken Burger	\$6.50
Croissant – Ham/Cheese or Tomato/Cheese	\$4.50	<i>Crumbed chicken, lettuce, cheese & mayo</i>	
6" Pizza with Cheese	\$4.50	Hawaiian Chicken Burger	\$8.00
BBQ Chicken & Bacon	\$5.50	<i>Crumbed chicken, bacon, lettuce, cheese, pineapple & mayo</i>	
Ham & Pineapple	\$5.50	Veggie Burger	\$7.00
Pepperoni	\$5.50	<i>Veggie patty, lettuce, tomato & hummus</i>	
	Add \$1.00 Gluten Free Pizza (2 slices)	SNACKS	
Gluten Free Chicken Nuggets (5)	\$5.50	2 Minute Noodles (Chicken/Beef)	\$3.50
Vegetarian Bean Nachos (GF)(V)	\$6.00	Red Rock Deli Chips	\$2.00
<i>Tortilla chips, bean and tomato mix, cheese</i>		Popcorn	\$1.00
COLD DRINKS		Cheesy Garlic Bread (2nd break only)(V)	\$1.50
Water 600ml	\$2.00	Snack Packs	From \$3.00
Up & Go	\$3.00	Assorted Cakes	From \$2.50
Pump Water 750ml	\$4.00	Homemade Cupcake	\$1.50
Fruit Juice 400ml	\$4.00	Cookie	\$2.00
Glee Sparkling Juice	\$3.00	FROZEN TREATS	
Waterford's Flavoured Mineral Water	\$4.00	Maxibon	\$4.50
Powerade	\$4.50	Milo Cup	\$4.00
Lipton Iced Tea	\$4.20	Frozen Pineapple Hoops	\$0.50
Breaka Flavoured Milk 300 ml	\$3.00	Dixie Cups	\$2.00
Oak Flavoured Milk 600 ml	\$4.50	Icy Swing / Bulla Frozen Yoghurt	\$3.00
Ice Break Coffee 500ml - No Sugar	\$4.50	Frozen Juice Cups / Lemonade Icy Poles	\$1.50



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DAILY SPECIALS	
MONDAY	
Loaded Potato Wedges	\$6.50
<i>Seasoned potato wedges topped with smoked cheese sauce & crispy bacon</i>	
TUESDAY	
Penne Pasta Bake	\$6.50
<i>Penne Pasta baked in a tomato & bacon sauce with cheesy top</i>	
WEDNESDAY	
Mexican Beef Nachos	\$6.50
<i>Mexican beef mince with beans topped with cheese on tortilla chips</i>	
THURSDAY	
Sweet and Sour Chicken	\$6.50
<i>Karaage chicken with homemade sweet and sour sauce served with rice</i>	
FRIDAY	
Changes Weekly	\$6.50

HOT DRINKS		
	8oz	12oz
Cappuccino, Flat White, Latte	\$4.00	\$4.50
Long Black	\$3.50	\$4.00
Short Black	\$3.50	
Hot Chocolate	\$4.00	\$4.50
Chai Latte	\$4.00	\$4.50
Tea		\$3.50
<i>Black, Peppermint, Lemon & Ginger, Green</i>		
EXTRAS		\$0.50
Alternate Milks – Soy, Almond, Oat, Lactose Free		
Extra Shot		
Mocha		
BYO cup SAVE 50c		

While we offer Gluten Free options, we are not a Gluten Free Kitchen. Cross contamination could occur, we are unable to guarantee that any items will be completely free of gluten.

ORDERING

Students are encouraged to pre order before school at the Canteen or online to avoid the queues at both break times.

ONLINE ORDERING

<https://tuckshop.schoolshoponline.net.au>

FORGOT TO PACK A LUNCH?

IF YOU SET UP AN EWALLET AT

<https://tuckshop.schoolshoponline.net.au>

YOU CAN PURCHASE ITEMS OVER THE COUNTER USING FUNDS ON YOUR EWALLET ACCOUNT

TOP UP YOUR EWALLET ACCOUNT WITH A CREDIT CARD FOR ACCESS TO FUNDS STRAIGHT AWAY